AKHBAR : HARIAN METRO
MUKA SURAT : 6
RUANGAN : LOKAL

SUSULAN WANITA MAUT SELEPAS PROSEDUR BESAR PAYUDARA

Keluarga buat laporan rasmi kepada JKNJ

Johor Bahru: Keluarga wanita yang maut selepas membuat prosedur membesarkan payudara dipercayai dilakukan pakar kecantikan tidak bertauliah pada 29 Julai lalu akan membuat aduan rasmi kepada Jabatan Kesihatan Negeri Johor (JKNJ).

Suami wanita itu yang dikenali sebagai Wong, 35, berkata, pihaknya akan menghubungi JKNJ bagi membuat temujanji untuk membuat aduan rasmi berkenaan.

Katanya, dia berharap pengusaha rawatan kecantikan itu dikenakan tindakan undang-undang.

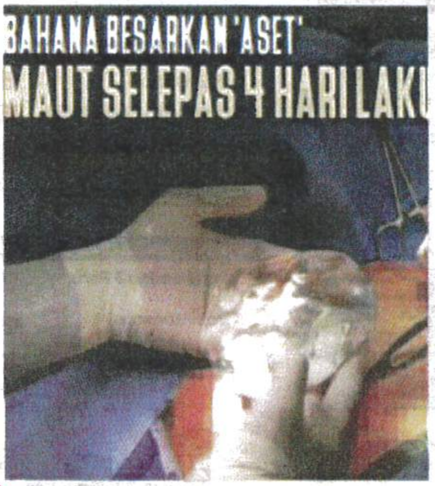
"Ya, saya akan buat aduan rasmi secepat mungkin. Sebelum ini saya sudah buat laporan polis berhubung insiden kematian isteri, Ahad lalu.

"Saya berharap tindakan tegas undang-undang dapat dibuat terhadap pengusaha rawatan kecantikan itu.

"Mereka beroperasi di rumah semasa membuat prosedur isteri dan saya percaya mereka tiada lesen.

"Isteri saya meninggal dunia dan keputusan bedah siasatan pertama mendapati bahagian payudara isteri dipenuhi kuman.

"Keputusan kedua akan diperoleh dalam tempoh masa tiga bulan selepas sampel darah isteri dihantar ke makmal," katanya ketika dihubungi, semalam.



LAPORAN muka depan Harian Metro, semalam.

> **"Isteri saya meninggal dunia dan keputusan bedah siasatan pertama mendapati bahagian payudara isteri dipenuhi kuman. Keputusan kedua akan diperoleh dalam tempoh masa tiga bulan selepas sampel darah isteri dihantar ke makmal"**

Kelmarin, JKNJ menggesa keluarga wanita terbabit membuat aduan rasmi berhubung kejadian terbabit.

Pengerusi Jawatankuasa Kesihatan dan Perpaduan negeri Ling Tian Soon dilaporkan berkata, siasatan tidak dapat dijalankan dengan teliti kerana tiada aduan rasmi diterima dari keluarga mangsa.

"Sekiranya aduan rasmi dibuat ahli keluarga mangsa, JKNJ boleh menyiasat kes berkenaan mengikut Akta 586.

"Akta 586 ialah Kemudahan dan Perkhidmatan Jagaan Kesihatan Siswa 1998 bagi memastikan pusat rawatan kecantikan tersebut mematuhi prosedur operasi standard dan juga mempunyai lesen profesional yang berkaitan," katanya.

Terdahulu, tular di media sosial kematian ibu muda berusia 29 tahun yang dikenali sebagai Chen selepas empat hari membuat prosedur membesarkan payudara yang dipercayai dibuat oleh pakar kecantikan tidak bertauliah di sebuah rumah di Taman Mutiara Rini, Skudai.

Mangsa yang mempunyai dua anak berusia sembilan dan 12 tahun meninggal dunia pada 2 Ogos lalu.

AKHBAR : HARIAN METRO
MUKA SURAT : 17
RUANGAN : LOKAL

Skim Perubatan Madani diperluas ke 11 daerah

Putrajaya: Skim Perubatan Madani akan diperluaskan ke 11 daerah lain bermula minggu kedua bulan ini bagi memastikan lebih ramai rakyat mendapat kemudahan kesihatan.

Menteri Kesihatan Dr Zaliha Mustafa berkata, kemudahan itu akan diperluaskan di Kota Setar dan Kuala Muda, Kedah serta Kuala Terengganu dan Kuala Nerus, Terengganu.

"Seremban, Negeri Sembilan; Kota Bharu, Pasir Mas (Kelantan); Kuantan (Pahang); Melaka Tengah (Melaka), Seberang Perai Tengah (Pulau Pinang) dan Perlis pula bermula pada minggu keempat Ogos.

"Klinik perubatan swasta umum (GP) di daerah terbabit dialu-alukan untuk mendaftar sebagai klinik panel Skim Perubatan Madani dengan melayari laman sesawang ProtectHealth di www.protecthealth.com.my/skimperubatanmadani atau menghubungi talian 03-8687 2525.

"Skim Perubatan Madani bermula pada 15 Jun lalu di 10 daerah iaitu Gombak, Hulu Langat, Klang dan Petaling, Kuala Lumpur, Kinta (Perak), Timur Laut (Pulau Pinang), Johor Bahru, Kota Kinabalu (Sabah) dan Kuching (Sarawak)," katanya.

Dr Zaliha berkata, Skim Perubatan Madani ditawarkan automatik kepada penerima Sumbangan Tunai Rahmah untuk meringankan beban kewangan rakyat dengan menampung kos rawatan kes akut dan antara perkhidmatan percuma yang ditawarkan adalah seperti konsultasi, pemeriksaan, ubat-ubatan, prosedur dan rujukan di klinik perubatan swasta umum.

Menurutnya sehingga kini lebih dari 700 GP sudah berdaftar sebagai klinik panel di bawah Skim Perubatan Madani.

Dr Zaliha berkata, skim itu dijangka dapat memberi manfaat kepada 700,000 isi rumah dengan peruntukan RM100 juta.

"Peruntukan setiap isi rumah untuk separuh tahun kedua adalah RM250 bagi setiap isi rumah berkeluarga, RM125 bagi warga emas (tanpa pasangan) dan RM75 bagi kategori bujang.

"Bagi memastikan akses mudah dan cepat, mereka yang layak hanya perlu membawa MyKad ke klinik panel Skim Perubatan Madani untuk menerima rawatan akut secara percuma," katanya.

AKHBAR : KOSMO
MUKA SURAT : 1
RUANGAN : MUKA HADAPAN

'PAYUDARA ISTERI PENUH KUMAN'

SEBAHAGIAN ahli keluarga yang hadir pada majlis pengebumian Chen di Nirvana Memorial Centre, Skudai Ahad lalu.

Suami wanita jadi mangsa pembedahan kecantikan mahu tuntut keadilan

Oleh KHAIRUL MOHD. ALI

JOHOR BAHRU – Keputusan bedah siasat pertama ke atas wanita yang mati selepas menerima suntikan untuk membesarkan payudaranya pada hujung bulan lalu mendapati anggota bahagian dada mangsa telah dipenuhi kuman.

Suami mangsa yang mahu dikenali sebagai Wong, 35, berkata, keputusan itu dimaklumkan oleh pihak hospital hasil bedah siasat baru-baru ini.

Bagaimanapun, Wong menjelaskan bedah siasat kedua pula hanya akan diperoleh dalam tempoh tiga bulan selepas sampel darah isterinya dihantar ke makmal.

» BERSAMBUNG DI MUKA 2

AKHBAR : KOSMO
MUKA SURAT : 2
RUANGAN : NEGARA

'Payudara isteri penuh kuman'

DARI MUKA 1

"Isteri saya meninggal dunia dan keputusan bedah siasatan pertama mendapati bahagian payudaranya dipenuhi kuman.

"Saya telah membuat keputusan untuk membuat aduan secara rasmi kepada Jabatan Kesihatan Negeri Johor (JKNJ) kerana mahu menuntut bela di atas kematian mendiang isteri.

"Aduan akan dilaporkan dalam tempoh terdekat kerana saya tidak mahu kejadian yang sama berulang pada masa depan," katanya ketika dihubungi di sini semalam.

Wong memberitahu, JKJN juga telah memberi respon dan menetapkan tarikh 13 Ogos depan untuk mengadakan pertemuan berhubung isu ini.

Kosmo! semalam melaporkan mengenai ibu kepada dua anak dikenali sebagai Chen, 29, yang maut selepas empat hari menjalani suntikan membesarkan payudara yang didakwa dilakukan di sebuah rumah dua tingkat di Skudai di sini.

Chen meninggal dunia pada pukul 7 pagi 2 Ogos lalu ketika mendapatkan rawatan di sebuah hospital swasta di sini.

Difahamkan, wanita tersebut hanya merancang untuk menjalani pembedahan 'menarik benang' muka mikro untuk menjadikan kulit wajah lebih tegang pada 29 Julai lalu.

Bagaimanapun, pakar kecantikan tidak bertauliah terbabit memujuk suri rumah itu supaya turut menjalani prosedur suntikan bagi membesarkan payudara.

TIAN SOON (tengah) ketika melawat ahli keluarga kepada seorang wanita yang maut selepas menjalani prosedur membesarkan payudara di premis tidak berlesen di Skudai, Johor Bahru kelmarin.

MANGSA dikenali sebagai Chen dan berusia 29 tahun disahkan meninggal dunia pada 2 Ogos lalu.

KERATAN *Kosmo!* semalam.

Menurut Wong, sebelum ini dia telah membuat laporan polis berhubung kematian isterinya pada Ahad lalu.

Tambahnya, dia berharap pemilik rawatan kecantikan itu diambil tindakan undang-undang selepas apa yang berlaku.

"Mereka beroperasi di kawasan kediaman, dan dipercayai tidak mempunyai lesen untuk berbuat demikian," katanya.

Dalam pada itu, Pengerusi Jawatankuasa Kesihatan dan Perpaduan Johor, Ling Tian Soon turut menasihati keluarga berkenaan untuk segera membuat aduan rasmi kepada JKNJ.

Beliau dilaporkan berkata, sekiranya aduan rasmi dibuat ahli keluarga mangsa, JKNJ boleh menyiasat kes berkenaan dibawah Akta 586.

"Akta 586 ialah Kemudahan dan Perkhidmatan Jagaan Kesihatan Siswa 1998 bagi memastikan pusat rawatan kecantikan tersebut mematuhi Prosedur Operasi Standard dan juga mempunyai lesen profesional yang berkaitan," jelas beliau.

Tambahnya, masyarakat awam turut diingatkan untuk mendapatkan rawatan atau menjalani prosedur kesihatan di premis yang mempunyai lesen sah dan kebenaran berbuat demikian daripada Kementerian Kesihatan (KKM).

Sementara itu, Ketua Polis Daerah Iskandar Puteri, Asisten Komisioner Rahmat Ariffin mengesahkan kejadian itu dan pihaknya akan menjalankan siasatan lanjut berhubung kejadian tersebut.

AKHBAR : UTUSAN MALAYSIA
MUKA SURAT : 33
RUANGAN : DALAM NEGERI

Keluarga mangsa setuju buat aduan rasmi

JOHOR BAHRU: Keluarga wanita yang maut selepas menjalani prosedur membesarkan payudara baru-baru ini bersetuju membuat aduan secara rasmi kepada Jabatan Kesihatan Negeri Johor (JKNJ).

Suaminya yang hanya mahu dikenali sebagai Wong, 35, memberitahu, pihaknya akan membuat aduan dalam waktu terdekat untuk menuntut pembelaan terhadap mendiang isterinya, selain tidak mahu insiden sama berulang pada masa depan.

"Ya, saya akan buat aduan rasmi secepat mungkin, sebelum ini saya sudah buat laporan polis tentang insiden kematian isteri Ahad lalu. Jadi, selepas ini aduan kepada Jabatan Kesihatan pula.

"Saya harap ada tindakan undang-undang tegas dapat dikenakan terhadap pengusaha rawatan kecantikan itu. Mereka beroperasi di kawasan kediaman dan dipercayai tidak mempunyai lesen untuk berbuat demikian," katanya.

LING Tian Soon (tengah) melawat ahli keluarga kepada suri rumah yang maut selepas menjalani prosedur membesarkan payudara di Taman Mutiara, Skudai, Johor Bahru.

Tambah Wong, keputusan bedah siasat pertama yang dijalankan terhadap isterinya mendapati bahagian payudara mangsa dipenuhi kuman.

"Keputusan bedah siasat kedua pula hanya akan diperoleh dalam tempoh tiga bulan selepas sampel darah isteri dihantar ke makmal," jelasnya.

Semalam, Pengerusi Jawatankuasa Kesihatan dan Perpaduan negeri, Ling Tian Soon menasihati keluarga berkenaan untuk membuat aduan rasmi kepada JKNJ dengan segera supaya kes itu dapat disiasat di bawah Akta 586.

"Akta 586 ialah Kemudahan dan Perkhidmatan Jagaan Kesihatan Siswa 1998 bagi memastikan pusat rawatan kecantikan tersebut mematuhi prosedur operasi standard (SOP) dan mempunyai lesen profesional yang berkaitan," jelasnya.

AKHBAR : NEW STRAITS TIMES
MUKA SURAT : 18
RUANGAN : LETTERS

MENTAL HEALTH CRISIS AMONG YOUTHS

Family support, early diagnosis and treatment crucial

IN Malaysia, an invisible epidemic is silently spreading among our youth — one that urgently calls for intervention.

This refers to the National Health and Morbidity Survey 2019, which shows one in five Malaysians aged 16 and above suffers from mental health issues.

This is especially prevalent among vulnerable groups and young lawbreakers. They face multiple stressors: poverty, discrimination, trauma and social isolation, putting them at higher risk of developing long-term mental health problems.

This was all before the Covid-19 pandemic spread worldwide. If anything, things have only escalated since.

The 2022 survey by the International Islamic University Malaysia involving 960 Malaysian youth aged between 10 and 19 revealed startling trends.

The results showed that almost one in two adolescents experienced anxiety symptoms, and one in three adolescents experienced stress and depressive symptoms.

This is an increase of 10 per cent in depression and anxiety, and 20 per cent in stress levels, compared with the National Health and Morbidity Survey 2017.

The survey found that inadequate diagnosis and treatment led to negative outcomes such as poor classroom attendance, low academic performance and other socio-behavioural issues.

In addition, the prevalence of suicidal tendencies has surged, with loneliness affecting a significant portion of our youth population. Other clinical diagnoses such as mood disorders and eating disorders add to the unseen mix affecting our social fabric.

More recently, Yayasan Hasanah convened mental health advocates, educators, and non-governmental organisations to discuss challenges and opportunities in tackling the mental health crisis among Malaysian youths.

Two key takeaways from that session are that mental health begins at home and that there is a need to collaborate to remove barriers to mental health services.

Contrary to popular belief, there is a growing awareness of the importance of children's and adolescents' mental health. Efforts to provide support, such as counsellors and peer assistance programmes have improved over the years.

Nevertheless, we must acknowledge that mental health begins within the family. There are gaps in adequately supporting parents, however.

They often lack the education about the unique challenges their children face and the essential communication skills to address these issues effectively.

Moreover, in the Malaysian context, the heightened expectations for academic achievement from parents can create added pressure that negatively impacts mental health.

It is crucial to empower parents with the knowledge and skills required to understand their children, and foster a compassionate home environment with clear and effective two-way communication.

As a mother of teenage children, I am also witnessing the evolving skills required in parenting, especially as we navigate today's digital age. Multiple generations go to bed with our devices; scrolling social media, news and notifications never cease.

While technology improves quality of life in many ways, it is also worthwhile to consider these contexts in the new paradigm of parenting. Having said that, awareness programmes and mindful parenting are not enough. We need to collaborate to remove barriers to mental health services.

While awareness programmes are valuable, they must be accompanied by clinical and community-based interventions to address the hidden challenges that often remain undisclosed.

This is crucial to bridging the gap between existing programmes and the real-life experiences of individuals at the grassroots level.

Overcoming the barrier of parental support and consent for young people to access mental health resources requires the implementation of appropriate policies and pathways.

It is essential to navigate the process ethically, ensuring that boundaries are not crossed while providing youth with the help they need.

DATUK SHAHIRA AHMED BAZARI
Trustee and managing director,
Yayasan Hasanah, Shah Alam,
Selangor

AKHBAR : THE STAR
MUKA SURAT : 10
RUANGAN : NATION

Man to file complaint after wife's alleged botched breast enhancement

By YEE XIANG YUN
xiangyun@thestar.com.my

JOHOR BARU: The husband of a 29-year-old housewife who died after an alleged breast enhancement procedure gone wrong will be lodging an official complaint with the Johor Health Department.

The 35-year-old businessman, who only wanted to be known as Wong, said he had made an appointment to meet with the department on Aug 13.

The move was suggested by state health and unity committee chairman Ling Tian Soon, he said.

"He visited my home on Tuesday and made the suggestion so that the health authorities could look into the matter.

"After my wife's death, I lodged a police report against the unlicensed beautician who conducted the procedure," he said in an interview.

His wife, Tan Wei Shan (*pic*), reportedly died on Aug 2 after undergoing a breast enhancement procedure at a double-storey house in Taman Mutiara Rini, Skudai, on July 29 evening.

Wong said his wife began feeling dizzy and unwell at home after the procedure.

Tan also complained of pain and swelling on her chest, so the following afternoon, she sought help at a clinic and was rushed to a private hospital at around 7pm.

Initially, Tan had wanted to get a facelift and got to know the beautician through a friend, said Wong, adding that the beautician later convinced her to go for a breast enhancement procedure as well. However, the beautician did not tell Tan that she was unlicensed.

Wong said after his wife's passing, the hospital's first post-mortem result showed that her breast area had a bacterial infection.

"I was told that a more in-depth report will only be out in another three months after her blood samples were sent for lab tests," said Wong, adding that he planned to take legal action against the beautician.

Tan was cremated on Aug 6, leaving behind two sons, aged nine and 12.

"We were supposed to celebrate our elder son's birthday on Aug 15. It was heartbreaking to see our children crying by her altar," said Wong.

Meanwhile, the Malaysian Medical Association (MMA) has called for stricter regulations and enforcement of the beauty and aesthetics industry following the latest incident. Its president, Dr Muruga Raj Rajathurai, said this was not the first time such deaths had been reported.

He said that in 2020, Coco Siew, 23, died after liposuction was illegally performed at a beauty salon in Cheras, Kuala Lumpur.

"Several other incidents involving unlicensed or unregistered beauty and aesthetics centres were reported in recent years, and this can only mean that there is a lack of enforcement by the authorities," he said.

AKHBAR : THE STAR

MUKA SURAT : 13

RUANGAN : VIEWS

Beauty and the beasts

THE Malaysian beauty and aesthetics industry is undergoing substantial growth, driven by factors such as increased disposable income, desire to achieve the beauty standards perpetuated on social media platforms, and the influence of good-looking individuals promoting various products and cosmetic procedures.

To those aspiring to achieve these beauty standards, beware the risks of undertaking aesthetic procedures performed by untrained beauticians or unlicensed practitioners.

Last week, a local Chinese newspaper reported the death of a 29-year-old woman after supposedly undergoing breast augmentation surgery at a beautician's home in Johor Baru.

Aesthetic procedures encompass a wide range of treatments, from non-invasive, minimal invasive to invasive. Non-invasive procedures, which only target the outer layers of the skin, include superficial chemical peel, facial therapy and microdermabrasion. These are done by a beautician.

Minimal and invasive procedures are categorised as medical aesthetic treatments. The first targets deeper skin layers and muscles, and includes Botox injections, dermal fillers, laser, and high intensity focus ultrasound (HIFU) treatment.

Invasive procedures are surgical procedures that involve cutting and perforating the inner layer of the human body. This includes rhinoplasty and breast surgery, which must be performed by qualified medical professionals.

Health authorities, medical associations, and regulatory bodies have been warning the public about the potential risks and dangers associated with aesthetic surgery procedures particularly when performed by unqualified persons.

A desire for quick results and impatience to achieve the desired outcomes can lead individuals to seek short-cuts, making them more susceptible to falling prey to unscrupulous practitioners.

As the demand for aesthetic procedures surges, the absence of comprehensive regulations and oversight in Malaysia's beauty industry has created a breeding ground for dangerous practices, putting the health and well-being of consumers at risk.

Some aesthetic procedures fall into a grey area where they may not be classified as medical procedures requiring strict regulation. This ambiguity allows untrained beauticians and practitioners from unrelated fields to perform procedures without the necessary qualifications or oversight.

Even when regulations exist, lax enforcement can hinder their effectiveness, enabling unlicensed practitioners to operate with impunity.

If you are thinking of getting on the beauty bandwagon perpetuated by influencers and celebrities on social media, be aware that medical aesthetic procedures can only be performed by registered medical practitioners (doctors) with a Letter of Credentialing and Privileging (LCP) in licensed premises.

And be sure to check out the following when you are in the clinic:

i. The premise licence (issued by the Health Ministry);

ii. Doctor's full medical registration and valid Annual Practice Certificate (both issued by the Malaysia Medical Council); and

iii. Letter of Credentialing and Privileging (LCP), which states the type of procedures that can be performed in the premises (issued by the Aesthetic Medical Practice Division of the Health Ministry).

Ignorance or lack of awareness regarding aesthetic procedures performed by beauticians or unlicensed practitioners poses a serious threat to consumers.

By implementing stricter regulations, raising public awareness, and promoting responsible practices, the booming beauty industry will continue to flourish while safeguarding the health and safety of consumers.

It is also imperative for individuals to prioritise their health and make informed decisions when considering aesthetic procedures, and to choose only qualified professionals who adhere to the highest standards of safety and ethics.

ASSOC PROF DR UNGKU MOHD SHAHRIN UNGKU MOHD ZAMAN
President
Malaysian Registered Medical Aesthetic Doctors Organisation (PDEBM)

AKHBAR : NEW STRAITS TIMES